

# **The Pennsylvania 2<sup>nd</sup> Annual Veterans Conference 2012**



## **Jail Diversion and Trauma Recovery for Veterans**

**March 21–22, 2012**

Hilton Harrisburg  
One North 2nd Street  
Harrisburg, PA 17101

Sponsored by a grant from SAMHSA and coordinated by DUCOM/BHE



**DREXEL UNIVERSITY  
COLLEGE OF MEDICINE**

Linking Technology to a Tradition of Caring™

# Credit/Conference Information

## Educational Objectives

By the completion of this conference, participants will be able to:

- Identify psychological aspects of long wars;
- Describe the TREM model of trauma treatment;
- Cite approaches and services for veteran's suicide prevention.
- Regard the positive aspects of service dogs in trauma recovery.

## Target Audience

- Veterans Service Organizations
- Behavioral Health Program Administrators and Clinicians
- Criminal Justice Professionals
- State/local officials or citizens interested in diversion
- County MH/MR Administrators
- Professionals involved in the court system
- Officers involved or interested in CIT

## Credit Information

**APA (Psychology):** Drexel University College of Medicine, Behavioral Healthcare Education is approved by the American Psychological Association to offer continuing education for psychologists. Drexel University College of Medicine, Behavioral Healthcare Education maintains responsibility for the program. This program is being offered for up to 8.5 hours of continuing education.

**LSW/LCSW/LPC/MFT (PA SBSWE Licensed Social Workers in Pennsylvania):** Drexel University College of Medicine is a preapproved provider of continuing education for Social workers and Clinical Social Workers. This program is being offered for 8.5 hours of continuing education.

**NAADAC(National D&A):** This conference has been approved by the National Association of Alcoholism and Drug Abuse Counselors for a maximum of 8.5 educational hours. NAADAC Approved Provider #000125.

**NBCC (National Counselors):** Drexel University College of Medicine is recognized by the National Board of Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC continuing education guidelines and can award a maximum of 8.5 hours of continuing education credit for this program.

**PA Educators Act 48:** Drexel University College of Medicine, Behavioral Healthcare Education is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. Drexel University College of Medicine, Behavioral Healthcare Education adheres to Act 48 Continuing Education Guidelines. PA educators will receive 8.5 hours of credit for attending this complete program.

**PCB (PA Certified Addiction Counselor (CAC), Certified Co-Occurring Disorders Professional (CCDP) and CCDP-D (Diplomate):** Drexel University College of Medicine will award a maximum of 8.5 hours of PCB Approved Hours of Education for participants attending the conference. Our program is certified by the Pennsylvania Certification Board, Provider # 133.

**PA Nurses:** Drexel University College of Medicine, Behavioral Healthcare Education is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants will be awarded a maximum of 8.5 contact hours for attending this program.

## CEU for all others:

Drexel University College of Medicine/Behavioral Healthcare Education has been accredited as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 1760 Old Meadow Road, Suite 500, McLean, VA 22102. In obtaining this approval, Drexel University College of Medicine/Behavioral Healthcare Education has demonstrated that it complies with the ANSI/IACET Standard which is widely recognized as the Standard of good practice internationally. As a result of their Authorized Provider accreditation status, Drexel University College of Medicine/Behavioral Healthcare Education is authorized to offer .85 IACET CEUs for its programs that qualify under the ANSI/IACET Standard.

**CPRP (Certified Psychiatric Rehabilitation Practitioners):** Behavioral Healthcare Education, Drexel University College of Medicine is approved by the United States Psychiatric Rehabilitation Association (Provider #107) to sponsor continuing education for Certified Psychiatric Rehabilitation Practitioners. Behavioral Healthcare Education, Drexel University College of Medicine maintains responsibility for the program and its content. **\*You will receive a CEU which will be utilized by USPPRA to verify your continuing education.**

## Conference Etiquette

It is difficult to maintain room temperatures that are comfortable for all participants. Conference attendees should be aware that room temperatures will vary throughout the conference center. A light sweater or jacket is helpful when room temperatures become too cool.

Participants are asked to turn off cell phones and beepers when attending a workshop, or to change them to a silent signal, if necessary. Please step outside of the room when responding to a page or a call.

## Hotel Information

The conference will be held at the Hilton Harrisburg, One North Second Street, Harrisburg, PA 17101. A block of sleeping rooms has been reserved at the hotel for the rate of \$129 single/double. This special rate is only guaranteed until February 26, 2012. To make reservations, please call the Hilton directly at 717-233-6000. Be sure to mention Drexel University College of Medicine Veterans Conference.

Parking – Overnight guests of the Hilton Harrisburg are offered a special subsidized rate for parking in the connecting Walnut Street parking garage. The reduced rate of \$10.00/Evening – Unlimited Exits for Overnight Guests and \$5.00/Exit for Daily Meeting Guests.

## ADA Accommodations

Individuals needing accommodations under ADA should contact the registrar at 215 831-4055.

Funding for this conference was made possible (in part) by Grant #5H79SM059266-02 from SAMHSA entitled "Trauma Related Services to Promote Community-based Living in our VA Population." The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Public Health and Human Services; nor does mention of trade names, commercial practices or organizations imply endorsement by the U.S. Government.

# Biographies of Plenary Presenters

## **COL (Ret) Elspeth Cameron Ritchie, MD, MPH**

Dr Ritchie is the Chief Clinical Officer, Department of Mental Health, for the District of Columbia. She recently retired from the Army in 2010, concluding five years as the Director of the Proponency of Behavioral Health Director at the Office of the US Army Surgeon General. She has held numerous leadership positions within Army Medicine, to include the Psychiatry Consultant. She trained at Harvard, George Washington, Walter Reed, and the Uniformed Services University of the Health Sciences, and has completed fellowships in both forensic and preventive and disaster psychiatry. She is a Professor of Psychiatry at the Uniformed Services University of the Health Sciences. An internationally recognized expert, she brings a unique public health approach to the management of disaster and combat mental health issues. Her assignments and other missions have taken her to Korea, Somalia, Iraq, and Cuba. She has over 130 publications, mainly in the areas of forensic, disaster, suicide, ethics, military combat and operational psychiatry, and women's health issues. Major publications include the recent Military Medicine Textbook on "Combat and Operational Behavioral Health", "The Mental Health Response to the 9/11 Attack on the Pentagon", "Mental Health Interventions for Mass Violence and Disaster" and "Humanitarian Assistance and Health Diplomacy: Military-Civilian Partnership in the 2004 Tsunami Aftermath". She is currently the senior editor on a forthcoming textbook of Forensic Military Mental Health, and the Therapeutic Use of Canines in Army Medicine.

**Richard Bebout, Ph.D.**, currently holds the position of Chief Clinical Officer at Community Connections where he been affiliated since earning his doctorate at the University of North Carolina at Chapel Hill in 1987. Dr. Bebout has contributed more than 20 articles and book chapters on mental health services and frequently trains and consults in the areas of supportive housing, trauma-informed care, and MTREM, a group approach for addressing the impact of traumatic violence in men's lives. Dr. Bebout also maintains a private therapy practice in Washington, DC.

**Ira Katz, PhD, MD** is currently the Senior Consultant for Mental Health Program Analysis and the Medical Director for the Office of Suicide Prevention, Department of Veterans Affairs. Prior to this position, he served as the Deputy Chief Patient Care Services Officer for Mental Health, Department of Veterans Affairs. He holds the academic rank of Professor of Psychiatry at the University of Pennsylvania. Prior to joining the VA, Dr. Katz was the Director of Psychiatric Research at the Philadelphia Geriatric Center and the Director of the Section on Geriatric Research at the University of Pennsylvania. Dr. Katz received his PhD from Columbia University and his MD from Albert Einstein College of Medicine. He is Board certified in Psychiatry, Neurology and Geriatric Psychiatry. Dr. Katz has held several editorial positions for the Journal of Gerontology and the American Journal of Geriatric Psychiatry. He has over 160 publications and is the recipient of many awards. In 2005, he received the Clinical Research Award from the VA, Veterans Integrated Service Network 4 Award. Additionally in 2009, he received the NAMI Award for Service to Veterans as well as the Association of Military Surgeons of the US, William C Porter Lecture Award. He has provided consultation to the Center for Medicare and Medicaid Services, the National Council for Mental Health and has served as the VA representative to

the Task Force to revise the US National Strategy for Suicide Prevention. Prior to assuming his position in government service, he has provided expert testimony to the US House Committee on Veteran Affairs and the US Senate Select Committee on Aging. Dr. Katz has a distinguished research and service career; early in his training, he served in the US Public Health Service. He is a prolific investigator, author and well respected clinician.

**Captain Luis Carlos Montalván** is a writer, consultant and advocate presently residing in New York City.

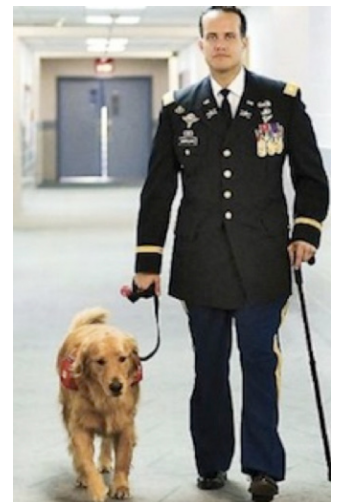
On September 11, 2007, he departed the U.S. Army after 17 years of military service. Before joining the officer corps in 2003, Montalván spent over a decade as a communications specialist, military policeman and infantryman in the enlisted ranks, having joined the U.S. Army in 1990. While in Iraq, he earned the Combat Action Badge, two Bronze Stars, and the Purple Heart among other awards for valor and meritorious service. During his second tour, he worked in a myriad of assignments including leading a Military Transition Team (MiTT) in the volatile South Baghdad region and as the Regimental Iraqi Security Forces (ISF) Operations Coordinator in Nineveh Province. During "Operation Restoring Rights," a successful clear and hold operation conducted in the city of Tall Afar, Luis established and developed the Joint Coordination Centers for the western Nineveh Province. Additionally, he was responsible for coordinating ISF development along the Syrian-Iraqi border. Promoted to Captain, he was assigned as the Regimental Adjutant for the 3d ACR.

Luis holds a Bachelor of Science degree in Sociology from the University of Maryland, College Park and a Master of Science degree in Journalism from Columbia University in New York City. He is presently a graduate student at Columbia University in NYC working on a second Master of Science degree in Strategic Communications. In addition to his decorations for service in Iraq, Luis has also been awarded the Military Outstanding Volunteer Service Medal among other awards and decorations. He is the recipient of the 2011 Voice Award by SAMHSA/US Dept. of Health and Human Services.

Since January 2007, his writings have been published in The New York Times, The Washington Post, The San Francisco Chronicle, The Military Times, The International Herald Tribune, The Huffington Post and The Baltimore Sun among other news outlets. He has also been featured on NPR, CBS, CNN, BBC, C-SPAN, ANP, National Geographic and Democracy Now! among other media outlets.

He lives with Tuesday, his faithful Service dog, and his recently released book, *Until Tuesday* (Disney-Hyperion), is a New York Times bestseller.

**New York Times  
Best Selling Author  
PRESENTATION  
AND BOOK SIGNING  
ON MARCH 22, 2012**



# Conference Information

## Conference Planning Committee

Michael Brown, Philadelphia DBH, Veterans Jail Diversion Coordinator

Christina M Finello, Philadelphia, DBH, Specialized Clinical and Criminal Justice Unit

Kirk Heilbrun, Drexel University, Philadelphia

Terence E. Moloney, OMHSAS, Harrisburg

Donna N. McNelis, Drexel College of Medicine, Philadelphia

Jessica Reichenbach, OMHSAS, Harrisburg

Michael Rocco, Allegheny County DHS/OBH, Bureau of Adult MH Services

Kim Welsh, Allegheny County DHS/OBH, Bureau of Adult MH Services

Jessica Bradley, OMHSAS, Harrisburg

Dennis Hughes, Chairman, MH Advocacy Council, Pittsburgh

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## CONFERENCE REGISTRATION

### Full Conference Fee - \$80.00

Fee Includes tuition, continental breakfast, refreshment breaks, and a luncheon. Continuing education certificates are also included in the registration fee. Registration fee **does not** include overnight accommodations.

There will be paid scholarships to the first 50 Veterans who register for this conference. This scholarship will include all of the above noted amenities. These scholarships **do not** include overnight accommodations.

Refunds will be made up until five (5) working days prior to the conference minus a \$25 administrative fee. All refund requests must be submitted in writing. Substitute attendees are permissible with approval from the Registrar prior to the conference.

A confirmation letter will be e-mailed to all registrations received within 5 working days prior to the conference.

# Conference Schedule

## Veteran's Conference 2012 Jail Diversion and Trauma Recovery for Veterans

### Wednesday, March 21, 2012

12 Noon to 1:00PM	Registration and Snacks
1:00 PM – 1:15PM	Welcome and Charge For the Conference
1:15PM – 2:15PM	Plenary Session I – Elspeth Cameron Ritchie, MD, MPH, COL, US Army (ret) “Psychological Effects of the Long War”
2:15PM – 2:30PM	Break
2:30PM – 3:30PM	Plenary Session II – Richard Bebout, PhD Vet-TREM: Approaches for Working with Veterans Exposed to Traumatic Violence”
3:30PM – 5:00PM	Concurrent Session I

### W01 - The Four Interrelated Views of the Therapeutic Community

**Ed Roberts, MA**

*Director of Treatment Operations, Community Education Centers, West Caldwell, NJ*

With the ending of the war in Iraq and the winding down of the war in Afghanistan, an increasing number of Veterans needing treatment services is expected. This workshop is an overview of a framework for treating Veterans based on a newly formed Substance Abuse Treatment Program in the Virginia Department of Corrections, informed by some of the latest research on treatment for Veterans. What will be overviewed is the unique aspects of programming tailored specifically to Veterans, using the framework of “The Four Interrelated Views of the Therapeutic Community: The View of the Person, The View of the Disorder, The View of Recovery, and the View of Right Living.”

### W02 - Impact of Trauma for Non-Treatment Providers

**Theresa Trevethan, PsyD**

*Outpatient Clinician/Pre-doctoral Internship Supervisor  
Holcomb Behavioral Health, Exton, PA*

Trauma affects a Veteran's life in every facet, housing, case management, probation, and employment. Symptoms may have served as adaptations or coping mechanisms. This presentation will address the impact that trauma may have on individuals who are receiving non-treatment oriented services. This can include the impact of trauma on housing needs, the Veteran's ability to complete education or maintain gainful employment, and how an individual may respond to case management services.

# Conference Schedule

## Thursday, March 22, 2012

8:45 AM – 9:00AM	Welcome
9:00AM – 10:00 AM	Plenary Session III – Ira Katz, MD, PhD “Mental Health Services in VA”
10:00AM – 10:15 AM	Break
10:15AM – 11:45PM	Concurrent Session II

### T03 - A Dog's Eye View – Service Dogs and PTSD

**Kelly McGinley**, Program Coordinator, Helping Hounds, Mechanicsburg, PA

**John Biesecker**, LCSW Helping Hounds Social Worker, Bainbridge, PA

**Marty Williams**, LCSW Helping Hounds Social Worker, Dunham US Army Health Clinic, Gardners, PA

Helping Hounds provides specialized training to combat Veterans to help them, and their dogs, become certified service dog teams. Learn the history of Post-Traumatic Stress Disorder, how it affects combat Veterans and the role service dogs play in managing symptoms and improving quality of life. Alternative approaches, such as this, are effective in areas of medication reduction, increased socialization and increased independence. Lastly, this session will describe the specialized training required for service dogs and distinguish differences among companion, therapy and service dogs.

### T04 - Philadelphia Veterans' Courts Panel

**Judge Patrick F. Dugan**, Municipal Court Judge, First Judicial District of PA

**Janet DiTomasso**, Director, Veterans Court Coordinator

**Rebecca L. Hicks**, LCSW, Veterans Justice Outreach Specialist, Philadelphia VA Medical Center

**Michael Brown**, Veterans Jail Diversion Coordinator, PMHCC

*Vet Court Graduate, TBD*

*Vet Court Mentor, TBD*

The attendees will have a greater understanding of how Veterans Court operates, the hurdles that were faced, the number of people that have graduated the program and the reason why it is so important. The panel will discuss the success of the court program so far, and provide perspective from all facets within Philadelphia's Veterans Court.

11:45AM – 12:45PM	Lunch
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# Conference Schedule

12:45PM – 2:00PM

Concurrent Session III

## **T05 - Wounded Warriors Family Perspective**

**Capt. Patricia L. Poloka-Melendez, MS**

*CIT Coordinator, Soldier, Family Member*

*Pittsburgh Bureau of Police & PA Army National Guard, Pittsburgh, PA*

Spending the night in jail is one call away for a combat veteran. The horrors of war never go away completely. Intrusive images cause honorable military member to commit crime. All too often, families of Veterans with PTSD and TBI walk on egg shells to prevent a flashback or rage in their loved one. Mentally wounded warriors have scars no one will ever see and their families endure pain as well. This session will discuss assessment of the family for trauma and recommend viable options for family wellness.

## **T06 - Utilizing Cognitive Behavioral Techniques with Incarcerated Veterans**

**Jean Coyne, MEd, Program Supervisor Mercy Behavioral Health**

**Karen Cordaro, MEd, Mercy Behavioral Health**

**Michael Luxemburger, BSW, Mercy Behavioral Health**

These cognitive behavioral methods were designed to specifically help those incarcerated to recognize the connection between their thoughts and behavioral patterns. As thinking happens automatically and evokes specific feelings, there is often a risk involved if/when we act on these feelings. In this presentation the participant will construct a "Thinking Report" and evaluate the thought processes which lead to high risk behaviors. Our focus is to help the incarcerated Veteran develop an awareness of those thoughts and feelings that lead to their high risk behaviors, and practice new thoughts that will reduce the risk.

2:00PM – 2:15PM

Break

2:15PM – 3:15PM

Plenary Session IV – Luis Carlos Montalvan

"Marching Forward: Help, Healing and Higher Ground"

3:15 PM – 3:30PM

Evaluations , Continuing Education Validation and Adjournment.

# Registration Form

**You may register online** by logging onto our website at [www.drexelmed.edu/bhe](http://www.drexelmed.edu/bhe) and clicking on the **Conferences** link on the left hand side of the page. This will take you to the **Veterans Conference page** where you will be able to view the entire brochure and either click the link to register online or print out the registration form and fax/mail in your registration.

**\*Registration Forms with CREDIT CARD PAYMENTS ONLY may be faxed to 215-537-1789**

To register, please type or print clearly on this form and mail with payment. Duplication of this form is permitted. (Note: please be sure to fill out this form as you would like it to appear on your name badge and certificate.)

**PLEASE TYPE OR PRINT CLEARLY:**

Name \_\_\_\_\_ Degree \_\_\_\_\_

Employed by \_\_\_\_\_

Title/Position \_\_\_\_\_ Department \_\_\_\_\_

Work Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Email Address\* \_\_\_\_\_

Day Phone: (\_\_\_\_) \_\_\_\_\_ Evening Phone: (\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_

Veteran:  Yes  No **\*We require a valid email address in order for you to receive your certificate.**

**TYPE OF CREDIT DESIRED** (Please check one)

APA  LSW/LCSW  NAADAC  NBCC  PA Act 48\*\*  PCB/CAC/CCDP/CCDP-D  PSNA  CEU  CPRP

\*\* Required for PA Act 48, Professional ID # \_\_\_\_\_ CPRP Certification # \_\_\_\_\_

**SPECIAL REQUESTS**

I require special assistance - please contact the Registrar at 215-831-4055

**DAYS ATTENDING** (Please check all that apply)

Wednesday, March 21, 2012  Thursday, March 22, 2012

**WORKSHOP CHOICES** (Please check your choices below and be sure to select an alternate workshop in case your 1st choice is full)

Concurrent Session I:  W01  W02  I am interested in purchasing Capt. Montalvan's book

Concurrent Session II:  T03  T04 "Until Tuesday" at the conference.

Concurrent Session III:  T05  T06 (Books will be available for \$15 each)

**PAYMENT - CONFERENCE FEE: \$80.00**

Enclosed is a check for the total amount of \$ \_\_\_\_\_

Please make checks payable to: **Drexel University College of Medicine/BHE**

Please charge \$ \_\_\_\_\_ to my:  Visa  Mastercard  Discover Card

Cardholder's Name \_\_\_\_\_

Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

(3 numbers on back of card)

**Mail Registration Form with Payment to:**

Registrar • Veterans Conference • Drexel University College of Medicine/BHE

Friends Hospital • P.O. Box 45357 • Philadelphia, PA 19124

**Call: 215-831-4055 or toll-free 877-243-3033 for further information.**

**Visit our website at [www.drexelmed.edu/bhe](http://www.drexelmed.edu/bhe) to Register online.**